

Newburgh Free Academy Boys Outdoor Track and Field Records

Field Events

Event	Athlete	Performance	Date
High Jump	David Hemmingway	6' 9 ½ "	1975
Pole Vault	Wes Heil Patrick Amos	13' 6"	1968 1985
Long Jump	David McFadgen	23' 7"	1978
Triple Jump	Kenny Griffin	50' 5 ½ "	1980
Shot Put	Bob Westfall	53' 7"	1964
Discus Throw	Bill Briggs	163' 10"	1968
Javelin Throw	R. Lease Willie Calhoun	175' 0" (old style) 126' 4" (new style)	1954 4/14/07
Hammer Throw	Robert Graham	164' 11"	1984

Track Individual Events

Event	Athlete	Performance	Date
100 Meter Dash	Terrius McMillan	10.75 FAT	4/15/06
200 Meter Dash	Elzie Coleman	21.39 FAT (Section 9 Record)	7/10/03
400 Meter Dash	Elzie Coleman	45.93 FAT (NY State Record)	6/12/04
800 Meter Run	Steve Naratil	1:53.74c	1984
1500 Meter Run	Jason Lakritz	4:18.64c	5/1/04
1600 Meter Run	Steve Naratil	4:21.54c	1984
3200 Meter Run	Tom Conly	9:20.84c	1988
5000 Meter Run	Chris Connelly	16:02.04c	1988
110 Meter Hurdles	B. Hemmingway Anthony Stewart	14.44c	1972 1985
300 Meter Hurdles	Akino Morgan	42.50 FAT	4/19/08
400 Meter Hurdles	James Johnson	54.94c	6/20/05
2000 Meter Steeplechase	Steve Challacombe	6:23.14c	4/12/08
3000 Meter Steeplechase	Chris Connelly	9:53.54c	1988

Track Relay Events

Event	Athletes	Performance	Date
400 Meter Relay	Jason Pearson Mike Riullano Justin Pearson Elzie Coleman	41.35 FAT (Section 9 Record)	4/26/03
800 Meter Relay	Michael Riullano Jason Pearson Justin Pearson Elzie Coleman	1:25.45 FAT (NY State Record)	6/13/02
1600 Meter Relay	Larry Pearson Jason Pearson Justin Pearson Elzie Coleman	3:12.27 FAT (NY State Record)	6/13/02
	Donald Cooper Randy Patterson Fred Locklary Tim Mountain	3:15.55 FAT (NY State Meet Record)	6/13/08
3200 Meter Relay	Nelson Mora Chris Babcock Andrew Poggioli Akinto Boone	7:56.82 FAT	5/12/07
6400 Meter Relay	Tom Naratil Steve Walsh David Walsh Mark Damario	18:28.74c	1978
1600 Meter Sprint Medley Relay	Tim Mountain Ben Harris Fred Locklary Akinto Boone	3:29.39 FAT	6/3/07
4000 Meter Distance Medley Relay	Jeremy Scott John Bowden Will Challacombe Jason Lakritz	10:36.08 FAT	4/16/05
330 Meter Shuttle Hurdle Relay	Akino Morgan Chance King Eliezer Riquelme	46.74c	4/12/08
440 Meter Shuttle Hurdle Relay	Eliezer Riquelme Michael Spencer Chance King Akino Morgan	1:08.06 FAT	3/29/08
1200 Meter Intermediate Hurdle Relay	Akino Morgan Chris Babcock Chance King	2:59.44c	4/12/08

Key:

c = Hand time converted to FAT equivalent
 (HT + .24 for races with a different start / finish line)
 (HT + .14 for races with a common start / finish line).