

Newburgh Free Academy Girls Outdoor Track and Field Records

Field Events

Event	Athlete	Performance	Date
High Jump	Felicia Hodges	5' 7"	1984
Pole Vault	Christine Colone Elizabeth Cahill	9' 6"	2000 2001
Long Jump	C. Monk	19' 11 1/2"	1986
Triple Jump	Aqila Hamilton	38' 9"	2001
Shot Put	Aaliyah Pittman	37' 5 1/4"	6/1/09
Discus Throw	L. Johnson	118' 4"	1988
Javelin Throw	Tara Jones	113' 1"	1984

Track Individual Events

Event	Athlete	Performance	Date
100 Meter Dash	Kenya Herring	12.24c	1999
200 Meter Dash	Cassiopia Williams	25.14c	4/29/03
400 Meter Dash	Kenata Gumbs	56.35 FAT	6/7/03
800 Meter Run	Dorriane Denton	2:15.44c	2001
1500 Meter Run	L. Hanly	4:42.54c	1992
1600 Meter Walk	Julie Steel	7:47.94 FAT	5/13/06
One Mile Walk	Julie Steel		2006
3000 Meter Run	Arianna Garrison	9:56.94c	2006
100 Meter Hurdles	Dotrine Jacobs	14.50 FAT	5/27/09
400 Meter Hurdles	Danielle McHolder	1:01.88 FAT	6/13/08
2000 Meter Steeplechase	Arianna Garrison	7:05.84 FAT	2006

Track Relay Events

Event	Athletes	Performance	Date
400 Meter Relay	Gia Serrette Cassiopia Williams Perry Brown Kenata Gumbs	48.16 FAT (Section 9 Record)	5/10/03
800 Meter Relay	Cassiopia Williams Perry Brown Gia Serrette Kenata Gumbs	1:41.21 FAT	6/10/03
1600 Meter Relay	Cassiopia Williams Perry Brown Gia Serrette Kenata Gumbs	3:49.44c	5/29/03
3200 Meter Relay	L. Hanley A. Truncali K. Guarracino S. Pfahl	9:30.24c	1990
6400 Meter Relay	Cathy Ortiz Kiersten McCartney Arianna Garrison Lia Gizzarelli	21:53.74c	2007
1600 Meter Sprint Medley Relay	Aqila Hamilton Tiesha Coleman Iyana Chevers Dorriane Denton	4:11.04 FAT	2001
4000 Meter Distance Medley Relay	L. Hanley T. Smith K. Guarracino S. Pfahl	12:26.74c	1990
300 Meter Shuttle Hurdle Relay	Jessica Grieco E. Flippen Christine Colone	49.94c	2001
400 Meter Shuttle Hurdle Relay	April Kelly Milett Vann Ashanti Atkins Mariah Fountain	1:10.94 FAT	4/19/08
1200 Meter Intermediate Hurdle Relay	Dotrine Jacobs Danielle McHolder Kiersten McCartney	3:21.84c	4/11/09

Key:

c = Hand time converted to FAT equivalent
 (HT + .24 for races with a different start / finish line)
 (HT + .14 for races with a common start / finish line).

As of 6/8/09