

Newburgh Free Academy Girls Indoor Track and Field Records

Individual Events

Event	Athlete	Performance	Date
55 Meter Dash	Kenya Herring	7.34c	1998
55 Meter Hurdles	Dotrine Jacobs	8.24c	02/09/09
200 Meter Dash	Danielle McHolder	26.70 FAT	12/30/07
300 Yard Dash	Danielle McHolder	38.64c	12/27/08
300 Meter Dash	Dasia Jones	41.90 FAT	01/12/08
400 Meter Dash	Dasia Jones	59.02 FAT	02/26/08
600 Yard Run	Dasia Jones	1:31.24c	12/27/08
600 Meter Run	Dorriane Denton	1:38.44c	2001
800 Meter Run	Dorriane Denton	2:17.76 FAT	03/10/01
1000 Meter Run	Arianna Garrison	3:03.39 FAT	02/03/06
1500 Meter Run	Arianna Garrison	4:51.98 FAT	02/03/06
1500 Meter Walk	Julie Steel	7:22.33 FAT	03/04/06
1600 Meter Run	Arianna Garrison	5:11.24c	03/12/06
One Mile Run	Arianna Garrison	5:13.04c	03/12/06
One Mile Walk	Julie Steel	7:57.34 FAT	03/12/06
3000 Meter Run	Arianna Garrison	10:14.76 FAT	03/04/06
3200 Meter Run	Arianna Garrison	10:57.44c	02/28/06
Two Mile Run	Arianna Garrison	11:01.13 FAT	03/12/06
High Jump	Alexis Warren	5-3	02/20/04 03/06/04
Pole Vault	Katie Nummy	9-0	01/25/03
Long Jump	Cassiopia Williams	18-1	03/01/03
Triple Jump	Jennifer Mitchell	37-3	01/24/09
Shot Put	Taisha Martin	36-2 1/2	2000

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Relay Events

Event	Athlete	Performance	Date
165 Meter Shuttle Hurdle Relay	Jessica Grieco Florence Evina-Ze Kenata Gumbs	26.06 FAT	12/21/01
220 Meter Shuttle Hurdle Relay	Jessica Grieco Perry Brown Kenata Gumbs Florence Evina-Ze	35.66 FAT	01/19/02
800 Meter Relay	Danielle McHolder Doris Little Dotrine Jacobs Dasia Jones	1:43.68 FAT	02/26/08
1600 Meter Relay	Doris Little Dasia Jones Chante Coppedge Danielle McHolder	3:50.81 FAT	03/15/09
1600 Meter Sprint Medley Relay	Dorriane Denton V. Ference T. Coleman Jessica Grieco	4:15.24c	2000
3200 Meter Relay	Jennifer Petrillo Dornn Harris Kiersten McCartney Arianna Garrison	9:47.82 FAT	03/02/05
4000 Meter Distance Medley Relay	Kiersten McCartney Shantae Corlett Cathy Ortiz Arianna Garrison	12:52.49 FAT	02/27/07
6400 Meter Relay	Kiersten McCartney Lia Gizzarelli Cathy Ortiz Arianna Garrison	22:37.29 FAT	03/10/07
High Jump Relay	Carey Ambrosetti Alexis Warren	10-2	01/24/04
Pole Vault Relay	No Record		
Long Jump Relay	Mikia McQueen Doris Little	32-0	01/19/08
Triple Jump Relay	Chante Coppedge Jennifer Mitchell	71-8 3/4	01/24/09
Shot Put Relay	Klarisse Torriente Daltonise Harvey	59-4 3/4	01/24/09

Updated 02/15/09