

**“C” MEET FORMAT  
OCIAA DEVELOPMENTAL MEET  
(Non-Scoring)**

**4 HOUR MEET**

**ORDER OF EVENTS**

**Running Events:**

Girls	1500 meter walk	-	3 entries	
Boys	1600 meter run	-	4 entries	
Girls	1500 meter run	-	4 entries	
Boys	55 meter hurdles	-	6 entries	
Girls	55 meter hurdles	-	6 entries	
Boys	55 meter dash	-	6 entries	
Girls	55 meter dash	-	6 entries	
Boys	800 meter run	-	4 entries	
Girls	800 meter run	-	4 entries	
Boys	200 meter run	-	4 entries	
Girls	200 meter run	-	4 entries	
Boys	SMR meter relay (800,200,200,400) -			2 teams allowed, time permitting
Girls	SMR meter relay (800,200,200,400) -			2 teams allowed, time permitting

**Field Events:**

Boys	Shot Put	-	4 entries – 3 throws only	1 <sup>st</sup> 2 hours
Girls	Shot Put	-	4 entries – 3 throws only	2 <sup>nd</sup> 2 hours
Girls	Triple Jump	-	3 entries – 3 jumps only	1 <sup>st</sup> 2 hours
Boys	Triple Jump	-	3 entries – 3 jumps only	1 <sup>st</sup> 2 hours
Girls	Long Jump	-	3 entries – 2 jumps only	2 <sup>nd</sup> 2 hours
Boys	Long Jump	-	3 entries – 2 jumps only	2 <sup>nd</sup> 2 hours
Boys	High Jump	-	3 entries	1 <sup>st</sup> 2 hours
Girls	High Jump	-	3 entries	2 <sup>nd</sup> 2 hours
	Pole Vault	-	unlimited entries	combined boys and girls
	35 lb. weight	-	3 entries	combined boys and girls following shot put

**NOTE: MUST ADHERE TO LIMITED ENTRIES DUE TO NUMBER OF SCHOOLS  
COMPETING.**