

## Standards for State Qualifier

## Boys

55 Meter Dash	7.14	top 24
55 Meter Hurdles	9.74	top 24
300 Meter Dash	40.24	top 18
600 Meter Run	1:34.24	top 24
1000 Meter Run	2:49.24	top 24
1600 Meter Run	4:57.24	top 24
3200 Meter Run	10:45.24	
Long Jump	18'	top 14
Pole Vault	9' 6"	top 18
Triple Jump	36'	top 14
High Jump	5' 4"	top 18
Shot Put	36'	top 14
Weight Throw		top 14

For an athlete to compete in the state qualifier meet, he **MUST** meet the standard. We will only go up to the top (total) number in the event, even if the athlete reaches the standard.

THANKS,  
MIKE PTL

## Standards for State Qualifier

### Girls

55 Meter Dash	8.24	top 24
55 Meter Hurdles	10.24	top 24
300 Meter Dash	49.24	top 18
600 Meter Run	1:52.24	top 24
1000 Meter Run	3:40.24	top 24
1500 Meter Run	5:35.24	top 24
3000 Meter Run	11:40.24	
Long Jump	14'	top 14
Pole Vault	7'6"	top 18
Triple Jump	31'	top 14
High Jump	4'4"	top 18
Shot Put	25'	top 14
1500 Meter Walk	10:00	
Weight Throw		top 14

For an athlete to compete in the state qualifier meet, she **MUST** meet the standard. We will only go up to the top (total) number in the event, even if the athlete reaches the standard.

Thanks,  
Mike PTL