

**“A” MEET FORMAT  
OCIAA CONFERENCE MEET (Scored)**

**ORDER OF EVENTS**

**Running Events:**

Girls	1500 meter walk	-	unlimited entries	
Boys	55 meter hurdles	-	3 scored	
Girls	55 meter hurdles	-	3 scored	
Boys	55 meter dash	-	3 scored	
Girls	55 meter dash	-	3 scored	
Boys	3200 meter run	-	3 entries	Combined division heats for 300 through 3200m runs scored on time.
Girls	3000 meter run	-	3 entries	
Boys	1000 meter run	-	3 entries	
Girls	1000 meter run	-	3 entries	
Boys	300 meter run	-	3 entries	
Girls	300 meter run	-	3 entries	
Boys	3200 meter relay	-	1 team allowed	
Girls	3200 meter relay	-	1 team allowed	
Boys	1600 meter relay	-	1 team allowed	
Girls	1600 meter relay	-	1 team allowed	
Boys	800 meter relay	-	1 team allowed	
Girls	800 meter relay	-	1 team allowed	

**Field Events: NOTE:** Coach will designate 3 scorers per school/per event prior to the start of each event.

Girls	Shot Put	-	6 entries – 3 throws only	2 <sup>nd</sup> 2 hours	3 scorers
Boys	Shot Put	-	6 entries – 3 throws only	1 <sup>st</sup> 2 hours	3 scorers
Girls	Long Jump	-	4 entries – 3 jumps only	1 <sup>st</sup> 1 hour	3 scorers
Boys	Long Jump	-	4 entries – 3 jumps only	2 <sup>nd</sup> 1 hour	3 scorers
Girls	Triple Jump	-	4 entries – 3 jumps only	3 <sup>rd</sup> 1 hour	3 scorers
Boys	Triple Jump	-	4 entries – 3 jumps only	4 <sup>th</sup> 1 hour	3 scorers
Girls	High Jump	-	3 entries	1 <sup>st</sup> 2 hours	3 scorers
Boys	High Jump	-	3 entries	2 <sup>nd</sup> 2 hours	3 scorers
Boys	Pole Vault	-	5 entries	combined boys and girls	
Girls	Pole Vault	-	5 entries	combined boys and girls	
35 lb. weight		-	unlimited entries non-scoring	combined boys and girls following shot put, time permitting	

**NOTE: MUST ADHERE TO LIMITED ENTRIES DUE TO NUMBER OF SCHOOLS COMPETING.**