

Newburgh Free Academy Track and Field - 3000/3200 Meter Indoor Split Sheet

Meet: _____ Event: _____ Date: _____

Site: _____ Gender: _____ Conditions: _____

| Athlete | | | | Athlete | | | |
|---------|--|--|---|---------|--|--|---|
| 200 | | | | 200 | | | |
| 400 | | | | 400 | | | |
| 600 | | | / | 600 | | | / |
| 800 | | | | 800 | | | |
| 1000 | | | | 1000 | | | |
| 1200 | | | | 1200 | | | |
| 1400 | | | / | 1400 | | | / |
| 1600 | | | | 1600 | | | |
| 1800 | | | | 1800 | | | |
| 2000 | | | | 2000 | | | |
| 2200 | | | / | 2200 | | | / |
| 2400 | | | | 2400 | | | |
| 2600 | | | | 2600 | | | |
| 2800 | | | | 2800 | | | |
| 3000 | | | / | 3000 | | | / |
| 3200 | | | | 3200 | | | |

| Athlete | | | | Athlete | | | |
|---------|--|--|---|---------|--|--|---|
| 200 | | | | 200 | | | |
| 400 | | | | 400 | | | |
| 600 | | | / | 600 | | | / |
| 800 | | | | 800 | | | |
| 1000 | | | | 1000 | | | |
| 1200 | | | | 1200 | | | |
| 1400 | | | / | 1400 | | | / |
| 1600 | | | | 1600 | | | |
| 1800 | | | | 1800 | | | |
| 2000 | | | | 2000 | | | |
| 2200 | | | / | 2200 | | | / |
| 2400 | | | | 2400 | | | |
| 2600 | | | | 2600 | | | |
| 2800 | | | | 2800 | | | |
| 3000 | | | / | 3000 | | | / |
| 3200 | | | | 3200 | | | |